

PERSONAL DEVELOPMENT

Supporting you every step of the way through your College journey



Your Academic Coach is here to support and nurture you throughout your studies. Through weekly group sessions and individual meetings, they will monitor your progress and work with you to challenge yourself to achieve the very best you can.

Personal Development at Solihull Sixth Form College is our way to support you to reach your potential. The ways we do this include:

UNIVERSITY

From university guest speakers to bespoke support and UCAS advice, your coach is with you every step of the way.

EMPLOYABILITY

Our structured weekly sessions aim to prepare learners for life in the workplace. We offer support with CV writing and up to date job market information.

WELLBEING

Personal Development sessions promote healthy lifestyles and provide the resources and strategies to thrive academically and personally. By fostering a supportive environment, we aim to empower students to achieve balance and wellbeing throughout their college experience.

STUDY SUCCESS

Students learn the skills they need to excel academically, mastering study techniques and how to effectively manage their time and stay organised. Succeeding at Level 3 takes more than just attending lessons!

INDEPENDENCE

We prepare students for life after college with a variety of lessons including money management, healthy lifestyles, independent living and keeping safe.

[www.solihullsfcc.ac.uk/student-life/
personal-development](http://www.solihullsfcc.ac.uk/student-life/personal-development)

Preparing Tomorrow's Professionals